

Interdisciplinary Team (IDT) meeting



Horizon NJ Health is responsible for holding Interdisciplinary Team (IDT) meetings when your Plan of Care changes, or you ask for a change to your Plan of Care, and one of the following applies:

- There is a health or safety risk
- Prior to the denial or reduction of services, or setting placement, due to costs exceeding or expecting to exceed the annual cost threshold
- A significant change in service hours or costs has occurred since your last IDT

In cases where one of the situations listed above applies, your MLTSS Care Manager will schedule the IDT meeting, which occurs as a telephone/conference call, to discuss your care. Your Care Manager will explain the IDT process and what to expect. Your Care Manager will explain who will be participating, what will be discussed regarding your care needs and annual cost cap threshold, and will also ensure you are aware of your grievance and appeal rights.

The IDT includes your Care Manager, the Care Manager's supervisor, a Horizon NJ Health medical director, a MLTSS Member Advocate, a representative of the Division of Aging Services Office of Community Choice Options (OCCO), you and/or your family member or an authorized personal representative, and the Horizon NJ Health behavioral health administrator (if behavioral health services are received). You have the right to ask for an IDT meeting if you think you need one and you can invite any individual to participate in your IDT, including your PCP. Most often, your Care Manager, and possibly the Member Advocate, will be with you in your home for the IDT meeting, but all other participants will be on the telephone.

During the IDT meeting, the cost effectiveness limitations of the program will be discussed, as well as the different options available in terms of services and settings, such as Nursing Facility settings and services provided in home and community-based settings. During the meeting you will be told of the decision verbally. If at any time during the IDT you or your representatives have questions, you are encouraged to ask them.

At the end of the IDT meeting, if you are not satisfied with the outcome, you have the right to request a Medicaid Fair Hearing. The MLTSS Department will send you a letter with the IDT outcome. The IDT outcome letter will include your Medicaid Fair Hearing rights and application form.