

Member Name: \_\_\_\_\_ Member ID: \_\_\_\_\_ Member DOB: \_\_\_\_\_  
 Drug Name: \_\_\_\_\_ Strength: \_\_\_\_\_ Directions: \_\_\_\_\_  
 Physician Name: \_\_\_\_\_ Physician Phone #: \_\_\_\_\_ Specialty: \_\_\_\_\_  
 Physician Fax#: \_\_\_\_\_ Pharmacy Name: \_\_\_\_\_ Pharmacy Phone: \_\_\_\_\_

**Horizon NJ Health**  
***Esketamine (Spravato®) – Medical Necessity Request***  
***\*\*Complete page 1 for Initial Requests Only\*\****

**Contraindication Information:** Please indicate if the member has any of the listed contraindications for the requested drug

- Aneurysmal vascular disease (including in the brain, chest, abdominal aorta, arms and legs)
- Arteriovenous malformation
- History of bleeding in the brain
- None of the above

**Diagnosis Information** (please indicate the diagnosis and answer the related questions):

Treatment-resistant depression

1. Does the member have any contraindications to any antidepressants (i.e. sertraline, duloxetine, amitriptyline, etc.)? **Yes or No**

- If yes, please explain the contraindication and to which drug(s):

\_\_\_\_\_  
 \_\_\_\_\_

2. Please document all medications the member has used for the given diagnosis, length of trial and discontinuation reasons.

*Please also submit documentation of fills and any intolerances experienced.*

<b><i>Drug Name</i></b>	<b><i>Length of trial (e.g., #days, #weeks, #months, #years)</i></b>	<b><i>Discontinuation Reason</i></b>

3. Will the member use Spravato together with an oral antidepressant therapy? **Yes or No**

4. Will Spravato be administered under the supervision of a healthcare provider and be monitored for at least 2 hours after administration? **Yes or No**

5. Has the member been assessed and determined not to be at risk for abuse and misuse of Spravato? **Yes or No**

Other: \_\_\_\_\_

Physician office's signature\* \_\_\_\_\_ Print Name \_\_\_\_\_

\*Form must be completed and signed by physician or licensed representative from the physician's office

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Physician Name: \_\_\_\_\_ Physician Phone #: \_\_\_\_\_ Specialty: \_\_\_\_\_

Physician Fax#: \_\_\_\_\_ Pharmacy Name: \_\_\_\_\_ Pharmacy Phone: \_\_\_\_\_

**Horizon NJ Health**  
***Esketamine (Spravato®) – Medical Necessity Request***  
***\*\*Complete page 2 only for Subsequent/Renewal requests\*\****

**Diagnosis Information** (please indicate the diagnosis and answer the related questions):

Treatment-resistant depression

1. Does the member have documented response to therapy demonstrated by an improvement from baseline in the Montgomery-Asberg Depression Rating Scale (MADRS)? **Yes or No**

Other: \_\_\_\_\_

Physician office's signature\* \_\_\_\_\_ Print Name \_\_\_\_\_

\*Form must be completed and signed by physician or licensed representative from the physician's office