

Member Name: _____ Member ID: _____ Member DOB: _____
Drug Name: _____ Strength: _____ Directions: _____
Physician Name: _____ Physician Phone #: _____ Specialty: _____
Physician Fax#: _____ Pharmacy Name: _____ Pharmacy Phone: _____

Horizon NJ Health
Dupilumab (Dupixent) – Medical Necessity Request
****Complete page 1,2, 3 and 4 only for New/Initial Requests****

1. What is the prescriber's specialty managing the medication?
 Allergy Pulmonology Dermatology Otolaryngologist Other: _____

Diagnosis

Atopic Dermatitis (Eczema)

- a. Please indicate the severity of atopic dermatitis: mild moderate severe
- b. Is at least 10% of the member's body surface area affected? **Yes or No**
- c. Does the member have clinically difficult to treat areas (e.g., face, neck, genital) that interfere with quality of life?
Yes or No

a. If **Yes**: What are the affected areas?

- d. Has the member tried and failed topical corticosteroid therapy for the diagnosis provided?
 Yes: Please provide what topical therapies (name, strength, dosage form, and dates tried) the member has failed.

No: Can the member try a medium to very high potency topical corticosteroid (e.g. mometasone ointment 0.1%, betamethasone dipropionate ointment 0.05%, etc) instead?

Yes: Please notify the pharmacy of the change and return the form.

No: Please provide the clinical reason why a topical corticosteroid cannot be tried.

- e. Has the member tried and failed systemic immunosuppressive therapy [e.g., cyclosporine, methotrexate, azathioprine] medically appropriate for Atopic Dermatitis?

Yes: Please provide what oral systemic therapy (name and dates tried) the member has failed.

No: Can the member try systemic immunosuppressive therapy [e.g., methotrexate, azathioprine] instead?

Yes: Please notify the pharmacy of the change and return the form.

No: Please provide the clinical reason why an oral systemic therapy cannot be tried.

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- f. Has the member tried and failed a topical calcineurin inhibitor [tacrolimus (Protopic), pimecrolimus (Elidel)]?
 Yes: Please provide what calcineurin inhibitor (name and dates tried) the member has failed.

- No: Can the member try a calcineurin inhibitor [tacrolimus (Protopic), pimecrolimus (Elidel)] instead?
 Yes: Please notify the pharmacy of the change and return the form.
 No: Please provide the clinical reason why a calcineurin inhibitor cannot be tried.

- g. Has the member tried and failed any other therapies (pharmacological and/or non-pharmacological) for the diagnosis provided?

Yes: Please provide what other therapies the member has failed. _____

No

- h. Will the member continue to use topical emollients together with Dupixent in problem areas (e.g., face, neck, genitals) to help prevent flares? **Yes or No**

- i. For members younger than 18 years of age:

What is the member's current weight? _____ lbs or _____ kg

- j. Will the success of treatment be assessed regularly, including 16 weeks after treatment, and with Dermatology Life Quality Index (DLQI)? **Yes or No**

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Asthma

- a. Please indicate the severity of the asthma: mild moderate severe
- b. Does the member have oral corticosteroid dependent asthma? **Yes or No**
a. If **Yes**, **Please provide documentation (e.g. office note, pharmacy claims) showing member has oral corticosteroid dependent asthma**

- c. Does the member have asthma with an eosinophilic phenotype? **Yes or No**
If **Yes**:
1. Is the member currently receiving high dosed inhaled corticosteroid or on oral corticosteroid?
Yes or No
2. What is the blood eosinophil level while on high dosed inhaled corticosteroid or oral corticosteroid? _____ ***Please submit lab documentation**
- d. Has the member experienced ≥ 2 exacerbations requiring oral corticosteroids within the past 12 months?
Yes or No
- e. Has the member had serious asthma exacerbations requiring hospitalization, mechanical ventilation, or visit to the emergency room or urgent care within past 12 months? **Yes or No**
- f. Does the member have a baseline Forced Expiratory Volume (FEV1) that is less than 80% of the predicted after bronchodilator use? **Yes or No**
- g. Does the member's controlled asthma get worse when the dose of inhaled or systemic corticosteroids are tapered?
Yes or No
- h. Has member received a medium-high dose inhaled corticosteroid? **Yes or No**
- **If yes:** Please provide drug name and strength _____
Directions _____
Dates filled within the past several months _____
- **If No,** Can member try a medium-high dose inhaled corticosteroid instead? **Yes or No**
▪ **If Yes:** Please notify the pharmacy of the change
▪ **If No:**
• Please provide clinical reason _____
• Can the member try a low-dose inhaled corticosteroid instead? **Yes or No**
○ **If yes:** Please notify the pharmacy of the change
○ **If No:** Please provide clinical reason why member cannot use any inhaled corticosteroids _____
- i. Has member received long-acting beta agonist (LABA) therapy? **Yes or No**
- **If Yes,** please provide drug name _____
▪ Dates filled within the past several months _____
- **If No,** Can member try LABA therapy instead? **Yes or No**
▪ **If Yes:** Please notify the pharmacy of the change
▪ **If No,** please provide clinical reason _____

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- j. Has member received Leukotriene modifier (e.g., montelukast or zafirlukast)? **Yes or No**
 - **If Yes**, please provide drug name _____
 - Dates filled within the past several months _____
 - **If No**, Can member try Leukotriene modifier therapy instead? **Yes or No**
 - **If yes**: Please notify the pharmacy of the change
 - **If No**, please provide clinical reason _____

- k. Has member received Long-acting muscarinic antagonist (LAMA)? **Yes or No**
 - **If Yes**, please provide drug name _____
 - Dates filled within the past several months _____
 - **If No**, Can member try LAMA therapy instead? **Yes or No**
 - **If yes**: Please notify the pharmacy of the change
 - **If No**, please provide clinical reason _____

- l. Has member received Theophylline? **Yes or No**
 - **If yes**, please provide
 - Dates filled within the past several months _____
 - **If No**, Can member try Theophylline therapy instead? **Yes or No**
 - **If yes**: Please notify the pharmacy of the change
 - **If No**, please provide clinical reason _____

- m. Will the member continue to use standard asthma control therapy [e.g., inhaled corticosteroids (ICS), long-acting beta-2-agonist (LABA), leukotriene receptor antagonist (LTRA), theophylline] with Dupixent? **Yes or No**
 - **If Yes**, please provide the name(s) of the standard asthma control therapy the member will be receiving:

- n. Will the member be using any other biologic drug [e.g., omalizumab (Xolair), Reslizumab (Cinqair), Mepolizumab (Nucala), Benralizumab (Fasenra)] with Dupixent? **Yes or No**
 - a. **If Yes**, please provide the drug name and diagnosis it is being used to treat:

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Chronic Rhinosinusitis with Nasal Polyposis (CRSwNP)

- a. Is the member's chronic rhinosinusitis confirmed by nasal endoscopy, anterior rhinoscopy, or computed tomography (CT) scanning? **Yes or No**
- b. Does the member have nasal polyps? **Yes or No**
- c. Does the member have ongoing symptoms of moderate-severe nasal congestion/ blockage/obstruction? **Yes or No**
- d. Does the member have the symptoms such as loss of smell, rhinorrhea (anterior/posterior), etc? **Yes or No**
- e. Did the member have an inadequate response to sinonasal surgery? **Yes or No**
- f. Is the member a candidate for sinonasal surgery? **Yes or No**
- g. Has the member tried an oral corticosteroid?
 - Yes:**
 - Please provide the dates the member tried an oral corticosteroid _____
 - Did the member have an inadequate response to oral corticosteroid therapy? **Yes or No**
 - No:** Please let us know the reason why not _____
- h. Has the member tried topical intranasal corticosteroids (INCS)?
 - Yes:**
 - Please provide the dates the member tried topical intranasal corticosteroids (INCS) _____
 - Did the member have an inadequate response to topical intranasal corticosteroid (INCS)? **Yes or No**
 - No:** Can the member try topical intranasal corticosteroids (INCS)?
 - Yes:** Please notify the pharmacy of the change and return the form.
 - No:** Please provide the clinical reason why a topical intranasal corticosteroids (INCS) cannot be tried.

- i. Will the member continue standard maintenance therapy (e.g., nasal saline irrigation, intranasal corticosteroids) in combination with Dupilumab (Dupixent)? **Yes or No**

Other Diagnosis: _____

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Horizon NJ Health
Dupilumab (Dupixent) – Medical Necessity Request
****Complete page 5 and 6 only for Subsequent Requests****

Diagnosis

Atopic Dermatitis (Eczema)

1. Will success of treatment be assessed regularly and Dupixent will be discontinued if no adequate response after 16 weeks? **Yes or No**
If **Yes**, has the member had at least a 4-point reduction in Dermatology Life Quality Index (DLQI) from when the treatment started? **Yes or No**
2. Will the member continue the use of topical emollients together with Dupixent in problem areas (e.g., face, neck, genitals) to prevent flares? **Yes or No**
3. What is the member's current weight _____ lb or _____ kg Date: _____

Asthma

1. How has the member responded to therapy compared to baseline? (check all that apply):
 - Reduction of the number of hospitalizations, need for mechanical ventilation, or visits to urgent care or emergency room due to asthma exacerbations
 - Reduction in dose inhaled/oral corticosteroids required to control the patient's asthma
 - Reduction in use of rescue medication
 - Increase in pulmonary function tests (e.g., Forced Expiratory Volume from baseline)
 - Decrease in symptoms and asthma exacerbations
 - None of the above

- If None of the above, please provide any additional clinical information pertaining to the request.

2. Is the member currently being treated and has been compliant with standard asthma control therapy [e.g., inhaled corticosteroids, long-acting beta-2 agonist (LABA), leukotriene receptor antagonist (LTRA), long-acting muscarinic antagonist (LAMA), theophylline] for the past 90 days? **Yes or No**
If No, please provide specific reason(s):

3. Will the member continue to use standard asthma control therapy [e.g., inhaled corticosteroids (ICS), long-acting beta-2-agonist (LABA), leukotriene receptor antagonist (LTRA), theophylline] with the requested drug?
Yes or No
If Yes, please provide the name(s) of the standard asthma control therapy the member will be receiving:

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4. Will the member be using any other biologic drug [e.g., omalizumab (Xolair), Reslizumab (Cinqair), Mepolizumab (Nucala), or Benralizumab (Fasenra)] with Dupixent? **Yes or No**

If Yes, please provide drug name and diagnosis it is being used to treat:

Chronic Rhinosinusitis with Nasal Polyposis (CRS_wNP)

- a. How has the member responded to therapy?

- Reduction of systemic corticosteroid use
- Decrease in nasal congestion/obstruction
- Improvement in endoscopic nasal polyps score
- Decrease in Lund-MacKay (LMK) sinus computed tomography (CT) scan score
- Improvement in loss of smell
- Decreased sino-nasal symptoms
- None of the above

- If None of the above, please provide any additional clinical information pertaining to the request.

- b. Will the member continue standard maintenance therapy (e.g., nasal saline irrigation, intranasal corticosteroids) in combination with Dupilumab (Dupixent)? **Yes or No**

If Yes, please provide the name(s) of the standard therapy the member will be receiving:

Other Diagnosis: _____

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